



Counselling in Primary Care Service (CIPC) Referral form

Details of person being referred

Date of referral

For example, 31 03 2026

First name

Last name

Date of birth

For example, 31 03 2026

Address line 1

Address line 2

Town or city

County

Eircode (if known)

For example, A65 F4E2

Gender☐

Man (including trans man)

☐

Woman (including trans woman)

☐

Non-binary or gender non-conforming

☐

Gender is not listed here (use the box to tell us)

Landline telephone number**Mobile number****Email address****Client can be contacted by (tick all that apply)**☐

Landline

☐

Text message

☐

Mobile

☐

Letter

☐

Email

Medical card number

Valid medical card number required to proceed with referral

Does the person have additional needs?

e.g. require wheelchair access, interpreter etc.

☐

Yes

☐

No

If yes, please describe additional needs

Referrer details

Name of referral agent

Integrated Healthcare Area (IHA) if applicable

Address of referral agent

Telephone / mobile number

Email address

Signature

Job title

GP details (if different from above)

Name of GP

Address of GP

Telephone number

Healthmail address

Medical history

Please give details of any relevant medical history

Please give details of any current medication

Please give details of any relevant mental health history

(including current / past attendance at mental health services, addiction services, other counselling attendance or any concerns about risk to self or others)

Reason for referral

Please give specific details of the main symptoms / presenting difficulties

(including duration/degree of impact on day to day functioning and any additional difficulties the person referred is currently experiencing - See CIPC Referral Eligibility Criteria)

Has the person been referred to any other agency? If so please specify

Is there any other information about the person or difficulty that you would consider relevant?

CIPC client opt in

Opt in requirement discussed with client?

☐ Yes

☐ No

Please return completed form to your local cipc service –
see contact details list